

# Pacific SLSC Nipper News

*Latest News September 2014*

## Welcome to Season 2014/2015

### First official day of nippers Sunday 21/09/2014

The first official day of normal activities will be the **Sunday the 21<sup>st</sup> of Sept.** We will commence the day with a small briefing in the club house at **8.30am** followed by our normal sessions. **We Will still be taking sign on's for those that haven't been able to make it thus far.**

### Change of date

The nipper beach and competition proficiency, will now be done on the first day of nippers the 21/09/2014, instead of the 14/09/2014. If you are unavailable this day we will still run them throughout the season up to the end of October.



## Important Dates

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- @ 24<sup>th</sup> August 2014  
Sunday, Sign on day  
and Pool Swim.  
@Pacific & PBC Pool
- @ 21<sup>st</sup> Sept 2014 Sunday.  
.Proficiency Swims  
@Pacific SLSC
- @ 21<sup>st</sup> Sept Sunday @  
Pacific 1st Nipper day.
- @ 26<sup>th</sup> 27<sup>th</sup> 28<sup>th</sup> 29<sup>th</sup> Sept 2014  
SRC & CPR Award  
camp weekend  
@Pacific SLSC
- @ 6<sup>th</sup> December 2014  
(Saturday) 1<sup>st</sup> Club  
Championship day  
Twilight meet and club  
disco
- @ 14<sup>th</sup> 2014 December  
Nipper Xmas break up.
- @ 11 January 2015, 1<sup>st</sup> day  
back for nippers.
- @ 25 January 2015, 2<sup>nd</sup>  
Club Championships  
8.30 start

## Board training

Board training has already recommenced on Sundays, we are averaging around 35 for our sessions. Remember this session is for all different levels of skill from beginner to experienced. If you are keen to enhance your skills I encourage you to come along and join in on the structured but fun sessions, run by level one coaches. Board training will ramp up to 3 days a week again for those that intend to compete or are looking to develop their skills to a higher level once the season has started in September. Stay tune for dates and times



## Sprint /relay/flags training

Will commence at the beginning of season with sessions on Wednesday afternoons and most Saturdays.

## SRC/ CPR Camp

**Friday 26 September to Sunday 28 September** 

This season we will be again running our successful sleep over camp weekend for these two awards for U13/U14. This is a great opportunity for all involved to get these awards as well as build comoradory. The camp will be from Friday 26/09/2014 to Sunday afternoon 28/09/14. The course will be run by club trainers. Last years group had a fun and a very rewarding weekend. **Cost is \$25 for the catering.**



## Patrol Competition and champion lifesaver events

Following on from the success of last season Pacific is looking to field teams in all categories u15, u17 and open in the patrol competition and champion life saver events. These events are structured around lifesaving i.e. resuscitation, beach patrol scenarios, run swim runs, board rescue and a bit of theory. The events take place in early January for branch level, with state and Aussies for qualifiers in March. If you would like to give these events a try please contact me Kev on 0434857646.



## March past / R&R

Pacific will be again fielding teams in the March past, 2 persons R&R and 5 persons R&R. With the huge success we had last year, positions in these events will be hotly contested so attending training will be a must. Our awesome coach Michelle Slattery will be starting training in these events real soon please contact her at sign on if you wish to compete in these disciplines.



## 2014/2015 Season

### Junior Activities committee

Junior Activities Chairman..... Kevin Schofield  
Deputy Chairman.....Greg Bowers  
Secretary/ registrar.....Rachel Atkinson  
Treasurer.....Nicole Bowers  
Head coach.....Sean Harvie  
Team manager U11-14.....Nancy Cowling  
Team manager U8-U10.....Anthony Folliott  
Water safety officers..... Paul Mowbray  
Eddie Bennett  
Gear Steward..... Sean Harvie  
Swim Wear & Clothing.....Tammy Fenech  
Photography.....Troy Fenech  
Canteen manager/s.....Nicky Bowers/ Rachel Atkinson

### Age Managers

U6/U7.....Jamie Nolan  
U/8..... Ian James  
U/9..... Roger Lewis  
U/10.....Anthony Folliott  
U/11..... Michelle Slattery  
U/12 .....Shaun Slattery  
U/13 ..... Nancy Cowling  
U/14.....Greg Bowers / Sean Harvie  
Cadets.....Kevin Schofield

### Contact Information

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