

'Pacific Times - Rescue Rescue Rescue'



Pacific S.L.S.C—Established 1947
Pacific Beach, Gold Coast, Australia

October 2015

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From the President

The season has only just begun but is already off to a cracking start.

A massive thank you and congratulations to Dani Buchanan, who co-ordinated our annual appeal as well as the 70 plus members that turned up to help us achieve our target of \$10,000.00. This is truly an awesome result.



Mid September saw our endurance competitors claim 5 medals at the State Endurance Championships. We also managed a credible 13th place as a club and 5th in the handicap.

Our strategic plan for surf sports is reaping rewards with a record five competitors into the branch team. Congratulations to Kristie Bowers, Kirah Bembrick, Tiarna Bembrick, Zoey Plater, and Cameron Lang.

Over the last weekend in September we ran our 5th very successful u14/13 SRC/ CPR camp, which has delivered us another 11 lifesavers to patrol the beach. This format not only delivers patrol members but drives a culture that has resulted in sustainability in the age group 14-17. A special thanks to our trainers, Chief Training Officer Rachael Clark, Ken Clark, parents and chaperones.

Later this month on 25 October we will be hosting another carnival for the Under 8-10 Teams from the Branch. This represents another opportunity to not only showcase our club but also raise funds throughout the day. We will need many volunteers to help with BBQ's, food runners, equipment, etc. Please get on board and be part of the Pacific team.

Finally, our Club Captain Clayton Webster will be representing not only our club but the Branch and the State at the upcoming SLSCA Excellence Awards in Sydney. Clayton was named Queensland State Lifesaver of the Year at the recent State Gala Dinner Awards Night. I'm sure you will all join me in wishing Clayton all the best for the night.

Get on board and remember every little bit helps!!!

Kevin Schofield

President Pacific SLSC

Important Dates

Bronze Medallion Course

Starts soon—Contact the CTO

ATV and Tractor Course

17 October 2015 - 2 pm—Contact the CTO

TAF Proficiency

17 October 2015 @ 8am (Pacific SLSC)

12 November 2015 @ 6pm (Pacific SLSC)

Skills Maintenance

22 November 2015

General Meeting

5 December 2015

Volunteer Patrols

Christmas Day

New Years Eve

31 December 2015

Club Championships

24 January 2016

2016 Annual Dinner

18 June 2016

Annual General Meeting

26 June 2016

70th Anniversary Function

2017 Date TBA

Great results for Pacific at the recent Medibank Wave Warriors at Currumbin Beach



Captain's Corner

Dear Members,

Patrols have kicked off and it has been a great start to the season.

Congratulations to the new SRC's! To the patrols that have these new SRC's on them please keep training and encouraging these new patrolling members.

Please be aware that if a member is injured while undertaking an approved activity to report it and fill in the relevant paperwork no matter how small you believe the injury to be. This will ensure that all processes are followed correctly and help us to see what incidents are occurring and how we can make our members safer.

We have a big gutter running along the beach at the moment which can become treacherous on the outgoing tide so please be vigilant.

Thank you to Andrew Haines, Tim Hart, Sean Harvey, Shaun Slattery and Tony Emerton who all assisted in water safety for the Coolangatta Gold. It was greatly appreciated and allowed our club to pick up \$500.

We have a grant application in for a new tractor at the moment, so please be patient.



The new Patrol Roster and Patrol Groups have been emailed and uploaded to Facebook. Remember if you cannot make a patrol you must get a substitute! Otherwise you will be possibly leaving your patrol short and unable to have the minimum number of patrolling members.

Remember on each patrol to do the Patrol Checklist and First Aid Room Checklist. These are located in the arena and in the First Aid room on the board.

The next club swim is 18th October, remember the points go towards Club Swimmer of the Year.

Please don't drive the ATV or tractor on the grass in front of the clubhouse. The tyres damage the area and we are trying to keep it green for all our members and functions. Put the ATV in 2WD on the concrete to stop black tyre marks as well.

Thank you for your hard work,

Clayton

Club Swim Dates

18 October	31 January
8 November	28 February
29 November	6 March
13 December	3 April
10 January	Yeah!

Just another perfect postcard day at Pacific!



Congratulations to our medal winners at the recent State Endurance Championships

- * Harry Schofield - Second Under 15 four kilometre run
- * Kirah Bembrick - Third - Under 15 four kilometre run
- * Tiarna Bembrick - Third - Under 13 four kilometre run
- * Starr Scott - Third Under 12 two kilometre run
- * Gavin Jordon - Second 8 kilometre ski paddle



It's your club—get onboard!

Training Matters

From the Chief Training Officer

SKILLS MAINTENANCE

As the season is now underway, now is the time to complete your Skills Maintenance (proficiency) for the year. We have only one date remaining — Sunday 22 November.

Contact me if you can't make this date as there are more opportunities at other clubs for you to do your skills maintenance.

As per last season, registrations/warmup/proficiency papers will begin at 8.00am with practical proficiencies commencing at 8.30am sharp.

Pool Swims Again, the requirement to complete a pool swim has been removed from Skills Maintenance BUT only if you were Bronze or SRC proficient last year. So if you missed completing your Skills Maintenance last year you still need to complete your usual pool swim (Bronze 400m in under 9 minutes/SRC 200m in under 5 minutes) before attending your beach practical (please let me know if you need a copy of the pool swim form).

Theory Paper This season the theory paper has changed slightly from last year. There is a separate paper for:

- Resuscitation (Bronze, SRC, First Aid, ART)
- Radios (Bronze, Radio)
- Signals (Bronze, SRC, Observers)
- Powercraft (IRBC, IRBD)

You are only required to complete the papers/s that relate to the awards you hold. For example and IRB Crewperson will need to complete all four papers.

The theory paper is also available online once again. Please visit the new SLSA Members Portal - <https://portal.sls.com.au/wps/portal/member/>

log-in (or create a new account), go to the "Lifesaving Online" tab, then "Courses" tab, press the "Go to Lifesaving Online now" button and click on each of the "Skills Maintenance" tiles (yellow in colour) to complete the questions. Please follow the instructions carefully. There is no need to print a copy of your finished work, I will take care of this for you.

Alternatively, you can complete a paper version (please check your emails for more information). You will need to print a copy of each of the relevant papers and bring them completed with you on the



day.

Practical Skills As in previous seasons, the bulk of the Skills Maintenance will be spent on practical skills (in lieu of more theory questions).

IRBs Reminder - It is now compulsory for Life Jackets to be worn during all water based IRB activities (patrol, water safety and Skills Maintenance).

What you need to do:

1. Become a financial member for Season 2015/16;
2. Complete a pool swim (if you were NOT proficient last season);
3. Complete your theory paper/s (and bring with you);
4. Bring your swim gear and club noddie (no noddie = no proficiency);
5. Bring your hi-vis (yellow, orange, pink, green or blue) rashie for your IRB proficiency; and
6. Please let me know if you plan on coming to skills maintenance.

ART SKILLS MAINTENANCE

If you hold your Advanced Resuscitation Techniques (ART) Certificate, Skills Maintenance for this award will be taking place from approximately 11.00am. If you wish to become proficient in this award, please meet in the Training Room.

SPINAL SKILLS MAINTENANCE

If you hold your Spinal Management, Skills Maintenance for this award will be taking place from approximately 11.30am. If you wish to become proficient in this award, please meet in the Training Room.

If you will not be patrolling and/or becoming proficient this season, please let me know so you can be removed from the contact list.

BRONZE MEDALLION COURSE

Pacific is looking to begin our next Bronze Medallion course in the coming weeks. Anthony Folliott will be the Head Trainer. If you are interested in participating, please contact me.

ATV/TRACTOR COURSE

The next ATV and Tractor course will be held on Saturday 17th October from approximately 2.00pm. Please keep an eye out for a confirmation email.

If you have any questions about any of the above, please do not hesitate to contact me.

Kind Regards,

Rachael Clark

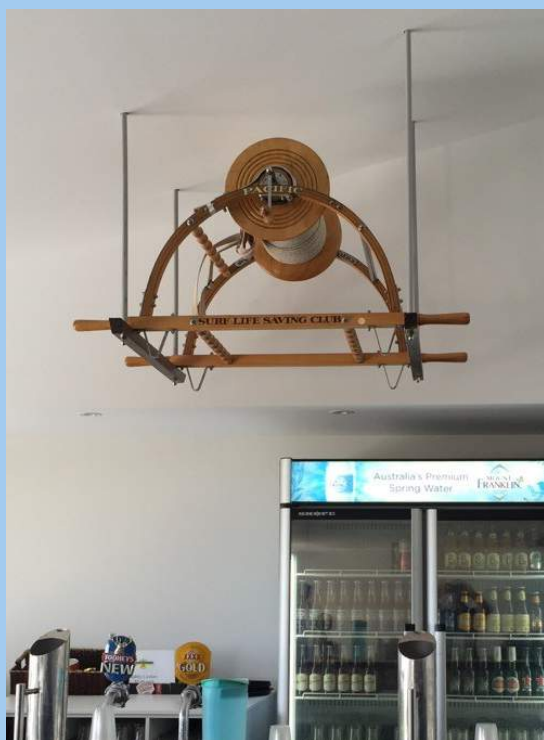
General Update

Members would be aware that the vacant land next door to the club is up for sale. The Club Executive has endorsed an approach to the City of Gold Coast through Local Member Councilor Daphne McDonald for the City to purchase the land and return it to open parkland. For now, as this is private property please ensure we do not enter the area.

The Club Executive has commenced discussions with Sunland Group for support to the club. Sunland are currently developing the land where the old caravan park was over the road from the club.

We will be able to give you more details on both these items at our General Meeting on 5 December 2015.

Pacific's 1950's Surf Reel



This Surf Rescue Reel made by Life Member Tom Murphy in the 1950's was restored and recently donated to the club by Life Member Kevin Weldon AM. It is now on permanent display in the upstairs function room. Thank you Kevin.



State Member for Currumbin Jann Stuckey MP visited the club the day before patrols officially commenced to launch the new rescue board she donated and we won as Branch Patrol Club of the Year. Remember we are aiming for 3 in a row. If you have any questions about patrols ask Clayton.

2015-16 Committee Members

Executive

President	Kevin Schofield
Deputy President	Travis Buchanan
Secretary	Eddie Bennet
Treasurer	Rebecca Farley
Captain	Clayton Webster
Chief Training Officer	Rachael Clark

Management Committee

Cadet/Youth Officer	Nicole Bowers
IRB Officer	Shaun Slattery
Board and Ski Officer	Gavin Jordan
Gear and Equipment Officer	Sean Harvie
First Aid Officer	Ken Clark
Marine Stinger Officer	Sam Bennet
Clubhouse Director	Greg Bowers
Registrar	Tonya Pade
Communications Officer	Andrew McNeilly
Team Manager	Kevin Schofield
Vice Captain	Jared Clark
Supporters Club	Gordon Grant
Publicity Officer	Eddie Bennet
Fundraising Officer	Dani Buchanan
Grievance Officer	Anthony Folliott

Junior Activities Committee

Chairperson	Kevin Schofield
Deputy Chairperson	Adam Buckby
Treasurer	Nicole Bowers
Secretary/Registrar	Tonya Pade



Surf Rescue Camp

Our 5th very successful Under 14/13 SRC/ CPR Camp held recently at the club.

The program has delivered us another 11 lifesavers to patrol the beach and drives a culture that has resulted in sustainability in the 14-17 age group. Congratulations everyone.



L-R Back: Shaun Slattery (Water Safety), Tonya Pade (Catering). Middle: Jared Clark (Vice Captain), Jessica Slattery, Michelle Slattery (Water Safety), Erin Buckby, Bella Turner, Aylah Schofield, Zoey Plater, Joshua Mowbray, Rachael Clark (Chief Training Officer), Kevin Schofield (President). Front: Taylah Slattery (Water Safety), Emily Pade, Jarman Wilson, Dylan Haines, Rachael Russell, Owen Bowers

Our recent 'Members Night 'at the club.
Watch for more of these great events.



Club Competition and Fitness Training

Early morning board training and afternoon fitness training every week at Currumbin. All welcome. Contact Greg Bowers for details of times and locations.

