

Pacific S.L.S.C Newsletter

Established 1947

'Rescue Rescue Rescue'



Edition 3 December 2014 Email Eddie Bennet –goeddie@gmail.com for content submission. Photos from Troy Fenech

Presidents Words

A visit from Beaudesert State School, five weddings and the Interbranch Nipper Carnival saw 1000 plus people visit our club in November. The positive feedback that we received from these events was overwhelming, validating our many members effort to present our club in the best possible light.

The Supporters Club transferred another \$20,000 to the club in November, bringing the total dividend so far this season to over \$35,000. Our most recent grant resulted in us acquiring two digital radios, two rescue boards (delivery due in January) and \$1500 worth of uniforms (when they become available).

While the club is in a sound financial position we will not be letting up on seeking further grants in 2015, work has already begun on the Holden Home Ground Advantage grant, fingers crossed.

On Wednesday evening Pacific hosted the Child Youth Risk Management seminar. I have attached Pacific's 'Statement of Commitment' which makes clear our commitment to children within our club. I would appreciate you taking the time to read this and welcome any questions on this subject.

On behalf of the Management Committee I wish you a safe and merry Christmas and thank members for their continued support.

Kind regards

Tony Emerton,
President



Captains Corner

Hello Pacific Patrolling Members,

It's that time of year again when extended hours start for the summer. Our beach hours are now 7.00am to 6.00pm from 13 December (this Saturday) until Australia Day in January.

A few things to keep a look out for while on patrol:

- If there are dangerous conditions outside of the flags, please put up the red danger flags, especially in rip areas.
- At least one patrol member must have a radio on them at all times. We don't want SurfCom calling Pacific and saying, "Pacific - nothing heard".
- Dog signs must be put out and moved to the water's edge as the tide goes out (Dogs do read them!).
- If you need to leave early from a patrol, please try and get a sub or make sure your patrol captain has enough members to cover the awards on patrol. If the patrol is short and you need to leave, it will cause problems.
- Any equipment that needs repair or replacement, please let Jared Clark, Shaun Slattery or myself know so we can get it fixed.

Thanks for the help with water safety at the Coolangatta Gold. We received \$1,100.00 for our assistance.

Thanks also to Rosie Emerton, Natalie Webster and Jim McElroy for our first aid support at the recent Interbranch



Merry Christmas and a Happy New Year to everyone



Championship held at Pacific. We received a thank you letter from the mum of one of the competitors we assisted that had collapsed. She was very complimentary of the help and professionalism we gave. It turned out to be pneumonia.

If you won't be here for patrols over Christmas or January, please arrange a sub. If you can't get a sub make sure you let your patrol captain know as soon as you can.

If you can volunteer for Christmas Day, please let me know. Even an hour will help. We have Natalie, Sandra and myself for the afternoon on Christmas Day but are still looking for more volunteers if you can help.

We have new equipment in binoculars and a yellow flag pole. Please make sure the binoculars go back into the bag after using them. Also 2 new radios and 2 new rescue boards will be here before Christmas.

Be prepared for a patrol inspection (as we haven't had one yet this season).

Patrol Captains - just an important note to keep an eye on both the Patrol Attendance and Patrol Statistics log books. These need to be updated throughout patrol and fully completed and signed before leaving patrol.

Thanks for your efforts so far, have a safe and happy Christmas and new year.

See you on the beach,

Clayton Webster

Club Captain

From the Chief Training Officer

Hi Members,

PROFICIENCIES

The last proficiency was held on Sunday 21st December. You will need to contact me directly now if you were unable to make this date.

Name Change

From this season onwards, the term "Proficiency" has been replaced by the term "Skills Maintenance".

If you will not be patrolling and/or becoming proficient this season, please let me know so you can be removed from the patrol mailing list.

OTHER AWARDS

1. Bronze Medallion

The Bronze course that has been underway being lead by Anthony Folliott and Eddie Bennet saw 6 trainees successfully complete their assessment on Sunday 21 December. Congratulation to our new Bronze members. Some have patrolled previously as SRC's and welcome to those of you who are new to patrolling.

2. ATV and Tractor



**Bronze Squad members going through their paces
with CTO Rachael Clark**

If you are interested in gaining your ATV and/or Tractor awards, please let me know and we will set a date.

3. First Aid

If your first aid certificate has expired (or is closed to) or you are eligible to attend a course, keep an eye out for an email with details of the next course early in 2015.

If there are any other awards that you are interested in gaining, please contact me to discuss further.

If you have any questions about any of the above, please do not hesitate to contact me.

Kind Regards,

Rachael Clark

Chief Training Officer



Welcome to a great life on the beach at Pacific!

Our new Bronze members Claire Tubby, Ashley Pade, Kerry Lillington, Melinda Norman-Hicks, Angus Emerton and Jordan Bennet with CTO Rachael Clark, PDB Assessor Sam Fein, Squad Water Safety Helen Bennet and Trainers Eddie Bennet and Anthony Folliott.

Deegs Top Tip!

This month I want to give you some tips to get out through the surf quicker. It is possible to get out the back through the surf with very few strokes. This depends on how you get through the waves. The technique is:



1. Dive early under the wave so as the wave sucks you into it. This means 3 metres before the wave—dive in and go deep
2. Push off the bottom if you can
3. Do not stop to wipe your face when you come up to the surface—swim hard
4. When swimming to the wave, swim like in a pool with your head down and only look ahead to see waves when you breath

If you lay flat on the water with your kick breaking the surface, swim hard and breath to the side without stopping it's a lot easier.

It works for me!

Jeff



Morgan Marinnon drops by the club

New Years Eve at Pacific

Join other Pacific members for an informal get together to see in the New Year. BYO food, drinks and chairs for a BBQ on the front lawn at the club on New Years Eve to see in 2015.

Thinking of doing your IRB Driver or Crew award? Speak to CTO Rachael Clark and put your name down. Terry Place will be running courses starting in early 2015. The courses will run over several weekends and include both theory and practical training. Boost your skills and support Pacific in our life saving activities.



A Bit of Club History



Up until 1930 there were no surf clubs on the Palm Beach Strip, but in 1930 the then - called City of Brisbane Royal Life Saving Club decided to change its name to Surf Life Saving Club and set up the club at Palm Beach, where it still stands. In 1935 this club changed its name to Palm Beach SLSC and during 1938 to 1947 it used to patrol at 25th Avenue during the Christmas, New Year and Easter holidays. The patrols carried all the gear along the beach and also took bottles of water to quench their thirst. This patrol was called the Desert Patrol and this is where Tallebudgera SLSC and Pacific SLSC established surf clubs after the war.

Great changes have occurred since World War II to surf gear and carnivals. Pre-war surf carnivals did not involve the same hectic activity as they do today, but were more like a big get together with not as many events or competitors. Nearly everyone knew each other and after a carnival the host club would provide hot tea, cake and sandwiches.

From Pacific SLSC 'The First Forty Years 1947—1987'

By Foundation Captain and Life Member Tom Tabulo



Just another day at the office with Gavin Jordan down for a bit of water safety

PACIFIC SLSC

Statement of Commitment



Every person and organisation bound by this statement of commitment must always place the safety and welfare of children above all other considerations.

The Pacific SLSC acknowledges that our staff and volunteers provide a valuable contribution to the positive experiences of our juniors. The Pacific SLSC aims to ensure this continues and to protect the safety and welfare of its junior participants. Several measures will be used to achieve this such as:

- Prohibiting any form of abuse against children;
- Providing opportunities for our juniors to contribute to and provide feedback on our program development;
- Carefully selecting and screening people whose role requires them to have regular contact with children.
- Ensuring our codes of conduct, particularly for roles associated with junior sport, are promoted, enforced and reviewed;
- Providing procedures for raising concerns or complaints; and
- Providing education and/or information to those involved in lifesaving on child abuse and child protection.

The Pacific SLSC requires that any child who is abused or anyone who reasonably suspects that a child has been or is being abused by someone within our organisation, to report it immediately to the police or Department of Communities Child Safety and Disability Services, and the club's nominated *Grievance Officer* - Gordon Grant.

All allegations of child abuse will be dealt with promptly, seriously, sensitively and confidentially. A person will not be victimised for reporting an allegation of child abuse and the privacy of all persons concerned will be respected.

If anyone bound by this statement of commitment reasonably suspects that a child is being abused by his or her parent/s, they are advised to contact the Department of Communities Child Safety and Disability Services.

[Policy & procedures are outlined on the Pacific SLSC website].

Signature

Tony Emerton

President

Pacific SLSC